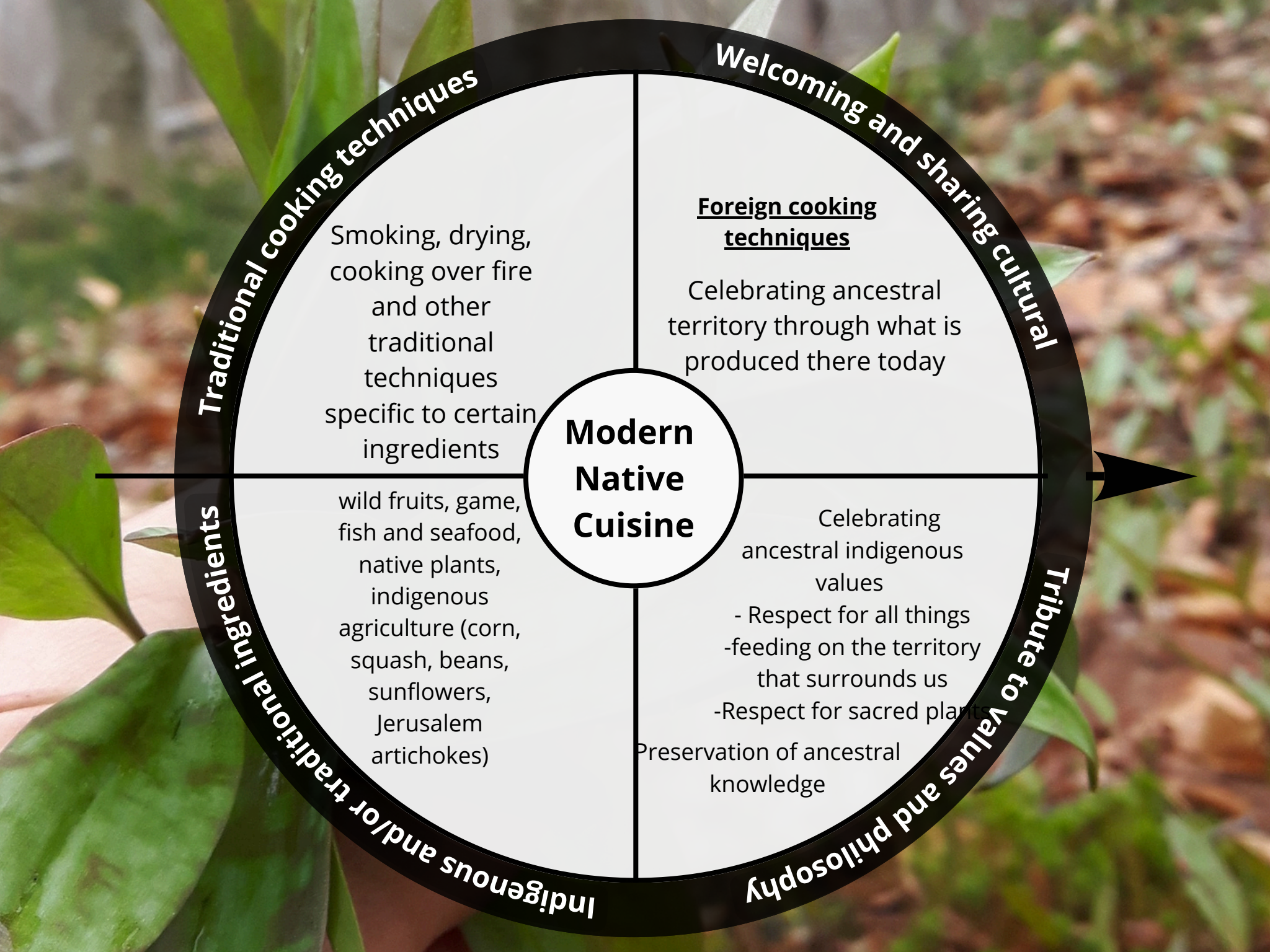
Modern Native Cuisine
Traditional cooking techniques
Smoking, drying, cooking over fire and other traditional techniques specific to certain ingredients
Welcoming and sharing cultural
Foreign cooking techniques
Celebrating ancestral territory through what is produced there today
Tribute to values and philosophy
Celebrating ancestral indigenous values
- Respect for all things
-feeding on the territory that surrounds us
-Respect for sacred plants
Preservation of ancestral knowledge
Indigenous and/or traditional ingredients
wild fruits, game, fish and seafood, native plants, indigenous agriculture (corn, squash, beans, sunflowers, Jerusalem artichokes)